## MAY 2022 LIVING808 SCHEDULE

## CHILDREN'S MENTAL HEALTH ACCEPTANCE WEEK

WEDNESDAY



We kick off #CMHA22
week with our TV

Please check your TV listings for rebroadcast times or set your DVRs.

segments on KHON

Living808, which airs

weekdays at 9:00 AM.

Follow us on social media @camhdhawaii for more information.

Dr. Mestisa Gass from
Mental Health of America
- Hawai'i (MHAH) talks
about their upcoming
webinar, Keiki Self-Care:
Build-a-Toolbox,
resources and more!

MONDAY

Jackie Jackson, Certified Parent Support Provider from Hawai'i Families as Allies (HFAA), talks about her work at HFAA and the services/resources they provide for families and youth.

TUESDAY

The Hawai'i State
Department of Education
(DOE) & Steven Hobaica
from the Sexual Gender
Minorities Group (SGM)
talks about LGBTQ+
Bullying in Public Schools.

CAMHD's Dr. Scott
Shimabukuro & Roman
De Peralta of Kolohe Kai
celebrate #CMHA22 Day
by going deep into
Roman's new song and
video I Think You're
Beautiful.

THURSDAY

"I want our youth to know they're beautiful no matter the challenges they're experiencing." -Roman 6 SOCIAL TAGS

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FRIDAY

**CAMHD's Youth Partners**,

Tiffany Darragh (Kaua'i

Island) & Tianna Celis-

Webster (Hawai'i Island),

joins Roman De Peralta of

**Kolohe Kai to talk about** 

how our youth are doing

today, how the pandemic

has affected them, other

challenges they're facing,

and tools & resources our

youth partners provide to

support them.

CAMHD Facebook & Instagram @camhdhawaii

#CMHA22
#HelpYourKeiki
#KeikiMentalHealthMatters
#MentalHealthWellness
#HealthyWeLiveHawaii
#HereToHelp
#ITYB